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your age by age guide to annual checkups it is a good idea to see your
doctor regularly at any age but what happens during those visits changes
as you get older here is what to know keeping up with doctor's visits is
important physical examination is the process of evaluating objective
anatomic findings through the use of observation palpation percussion
and auscultation the information obtained must be thoughtfully
integrated with the patient's history and pathophysiology what is head
to toe assessment physical assessment guide 1 general appearance survey
2 chief complaint 3 health history 4 assessment of the integument 5
assessment of the head and neck 6 assessment of the eye and vision 7
assessment of the ear 8 assessment of the mouth throat nose sinus 9
assessment of the thoracic and lung a key piece element is assessment of
personal and family history to identify athletes at risk for sudden
cardiac death a focused cardiac examination should include auscultation
for murmurs assess for cartilage pathology apley's grind test patellar
cartilage tear by placing palm on patella and applying firm pressure
while manipulating the patella in the sagittal plane crepitus is
significant only when accompanied by tenderness in which case it is
consistent with patellar cartilage pathology physical examination at
minimum the physical examination should include assessment of vital
signs vision hearing and the cardiovascular and musculoskeletal systems
the physical exam in parkinson's disease pd is essential both for making
a diagnosis and following the patient over time it consists of a series
of tests and maneuvers that help us identify and evaluate the four main
characteristics of the disease bradykinesia rigidity tremor gait balance
abnormalities a complete physical examination includes inspection and
palpation assessment of range of motion and strength and provocative
shoulder testing for possible impingement syndrome and

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