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pressure of 5 to 6 mm hg reduces the risk of stroke by 42 and coronary heart disease by 14 10 real cases on hypertensive emergency and pericardial disease diagnosis management and follow up patient management in the telemetry cardiac step down unit a case based approach accessmedicine mcgraw hill medical about search the goal of hypertension treatment is to prevent complications and death by achieving and maintaining arterial blood pressure at or below 130 80 mmhg pharmacologic therapy the medications used for treating hypertension decrease peripheral resistance blood volume or the strength and rate of myocardial contraction the correct answer is c primary hypertension has no known single cause it is thought to be linked to genetics obesity diet and lack of exercise almost 95 of all hypertension cases are primary a and b is secondary hypertension view answer mrs phillips blood pressure after the hydralazine 10mg iv push went up to 218 110 and her heart rate went up to 104 bpm she is transferred to the icu to be started on a nicardipine infusion which is initiated at 2.5 mg hr to keep her sbp between 180,200 mmhg critical thinking check pmid 37344134 doi 10 12968 bjon 2023 32 12 556 abstract the role of an advanced nurse practitioner encompasses the assessment diagnosis and treatment of a range of conditions this case study presents a patient with newly diagnosed hypertension 1 mr thomas s blood pressure reading is 189 110 his ldl cholesterol reading is 200 mg dl he asks the student nurse if he should be concerned about his blood pressure how should the student respond click the card to flip please sit here quietly for a few minutes i need to recheck your blood pressure patient case presentation mr e a is a 40 year old black male who presented to his primary care provider for a diabetes follow up on october 14th 2019 the patient complains of a general constant headache that has lasted the past week with no relieving factors he also reports an unusual increase in 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