

Surviving the Extremes

2004

the human body s physiological constraints confine it to less than one fifth of the earth s surface kenneth kamler is a surgeon and explorer who has dedicated his life to discovering precisely what happens when humans are exposed to the most extreme conditions on earth

Surviving the Extremes

2004-12-28

surviving the extremes brings personal experience and scientific knowledge together beautifully giving us narrative that are powerful moving and very real oliver sacks a true life scientific thriller no reader will forget surviving the extremes takes us to the farthest reaches of the earth as well as into the uncharted territory within the human body spirit and brain a vice president of the legendary explorers club as well as surgeon explorer and masterful storyteller dr kenneth kamler has spent years discovering what happens to the human body in extreme environmental conditions divided into six sections jungle high seas desert underwater high altitude and outer space this book uses firsthand testimony and documented accounts to investigate the science of what a body goes through and explains why people survive and why they sometimes don t

Extreme Survival

2004

if the chanting stops he will die my patient will die i was certain of this as certain as someone crouching in an unheated tent sitting on the highest mountain in the world can feel about anything dr ken kamler knows what happens when bodies are pushed to their limits he has been to and studied the world s most inhospitable regions and seen who survived and who did not this book leads readers into six different and extreme environments underwater water surface jungle desert high altitude and outer space telling the stories of his own and others extraordinary brushes with death kamler explores the body s reactions to heat cold pressure starvation exhaustion and exposure and reveals its miraculous survival strategies a scientific nail biter that takes readers where no reality television show would dare go and proves what survival really means

Surviving the Extremes

2008-05-12

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2004-01-20

surgeon explorer and masterful storyteller kenneth kamler takes us to the farthest reaches of the earth as well as into the uncharted territory within the human brain surviving the extremes is a scientific nail biter no reader will forget physiological constraints confine our bodies to less than one fifth of the earth s surface beyond that fraction lie the extremes what happens when we go to them dr kenneth kamler has spent years observing exactly what happens a vice president of the legendary explorers club he has climbed dived sledged floated and trekked through some of the most treacherous and remote regions in the world a consultant for nasa yale university and the national geographic society he has explored undersea caves crossed the frozen antarctic wastelands and stitched a boy s hand back together while kneeling in knee deep amazonian mud he was the only doctor on everest during the tragic expedition documented in jon Krakauer s into thin air and helped treat its survivors kamler has devoted his life to investigating how our bodies respond to environmental insults a nice way of saying the things that can kill us and watched while some succumbed to them and others sometimes miraculously overcome them words like extreme and survival have lost some of their value from overuse and media hype by showing us what happens when life itself is at stake and the body s capacities put to their greatest test this book reminds us what they truly mean divided into six sections jungle open sea desert underwater high altitude and outer space surviving the extremes uses first hand testimony and documented accounts to illustrate what happens in environments where our instinctive survival strategies must become fully engaged these stories reveal how infinitely complex are the workings of the human body and also how heartbreakingly fragile at the heart of this book is a quest for the source of our will to survive and the haunting question of why some can and others cannot summon its awesome and nearly mystical power at their moment of greatest need

Surviving the Extremes

2009-06-17

christopher columbus needed a sponsor for a dangerous expedition but the king of portugal wasn t interested he repackaged his proposal for the queen of spain she put columbus on retainer and the rest is history columbus may not have been the first to discover america but he had a great publicist that s where jeff blumenfeld comes in for many years using a pr specialty called adventure marketing jeff has connected explorers and their projects with corporate sponsors looking to demonstrate product performance in extreme conditions his book takes the reader from erik weihenmayer s expedition to be the first blind man to summit mt everest to the first con firmed

dogsled expedition of the north pole to audrey mestre s deadly free dive expedition off bayahibe beach in the dominican republic you want to go where is the only book that not only takes you behind the scenes of some of the most dangerous adventure expeditions in recent years but shows how you can fund and arrange your own trip including details on everything from grants to sponsorships for anyone who s ever had a dream to scale the tallest mountain or cross the largest ocean you want to go where is ideal for armchair explorers and budding adventurers alike

You Want To Go Where?

2014-01-07

christopher columbus needed a sponsor for a dangerous expedition but the king of portugal wasn t interested he repackaged his proposal for the queen of spain she put columbus on retainer and the rest is history columbus may not have been the first to discover america but he had a great publicist that s where jeff blumenfeld comes in for many years using a pr specialty called adventure marketing jeff has connected explorers and their projects with corporate sponsors looking to demonstrate product performance in extreme conditions his book takes the reader from erik weihenmayer s expedition to be the first blind man to summit mount everest to the first confirmed dogsled expedition of the north pole to audrey mestre s deadly free dive expedition off bayahibe beach in the dominican republic you want to go where is the only book that not only takes you behind the scenes of some of the most dangerous adventure expeditions in recent years but also shows how you can fund and arrange your own trip including details on everything from grants to sponsorships for anyone who s ever had a dream to scale the tallest mountain or cross the largest ocean you want to go where is your ticket full of fascinating stories and practical advice it s ideal for armchair explorers and budding adventurers alike

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